

## CLEAN

- Means some bacteria or bugs have been removed.
- Usually done by washing with soap and water or other cleaning agent

*What is clean? Your hands after washing and drying well.  
A table top after washing and drying.  
A freshly washed and dried towel.  
The outside of your catheter and transfer set.  
Your exit site.*

## STERILE

- Means ALL bacteria or bugs have been removed.
- Done by special equipment or with special chemicals.

*What is sterile?*

*The inside of your transfer set.  
The inside of your catheter.  
The inside of the cap on your transfer set.  
The solution in the dialysis bag.  
The inside of the tubing for dialysis..  
The spike ( under the cap) at the end of the tubing.  
The inside of your belly (peritoneum).*

*How to keep something sterile:*

- *As soon as the transfer set cap is off, keep your eyes on the open tip.*
  - **When you are not looking, something sterile may touch something else and then it is no longer sterile.**
  - **If something sterile is touched by something clean or dirty, then it is not sterile anymore.**